



TC JM Family Cenacle Format (S3MFL)

(version Nov. 21, 2018, Feast of Virgen de la Regla)

PREPARATION: Sprinkling of holy water.¹ Have family altar with statues or pictures of Jesus and Mama Mary, crucifix and Holy Bible.

1. **SHINE JESUS SHINE:** Sing this song.²
2. **3-in-1 TC JM Novena (TC JM Prayer, Holy Rosary & Divine Mercy Chaplet)**
 - Mention intentions before starting.
 - See How To Pray the 3-in-1³ below.
3. **Mental Prayer (Silent Prayer) for 10 Minutes**
 - One person reads from the Mental Prayer Guide just one paragraph from the Bible or The Cities of Mary to help others do their mental prayer.
 - Talk silently to Father God, Jesus, Holy Spirit, or Mama Mary and consider the words or sentences that touched you most and ask Our Lord how you can apply it to your life and that of your family for God's glory.
4. **Family Sharing**
 1. Individual Sharing: Share with your family the sentence(s) that touched you most and the message of Our Lord to you and your family. Let each family member share the blessings received and difficulties encountered during the week/ month and how Jesus & Mama Mary helped them.
 2. Family Resolution: After each family member has shared, decide together what the family can do this week or month as a result of what was shared.
 3. Family Mission: Ask each one: What have you done last week/month to bring people to Jesus thru Mary (for example giving and explaining TC JM stampitas to 5 classmates and explaining to each, bringing 3 friends to Confession/ Holy Mass/ TCYLF Seminar/ Burning Bush/ Convention) and what are your plans for next week or month for spreading TC JM?
5. **Love Offering.** Give love offering⁴ while singing "Dear Lady of Fatima."

Footnotes:

¹ **PROTECTION FROM SATAN:** Everyday sprinkle every corner of the walls of your home, and entrance/exit doors with holy water while making the sign of the cross with holy water bottle. Monthly or when desired, sprinkle also small amounts of holy salt. While doing this, pray *Prayer to Take Authority, St. Michael's Prayer, Hail Marys* till you finish sprinkling. You can do this alone or with a companion. Always wear a Scapular of Mt. Carmel, Benedictine cross or medal and a rosary on your neck, as bracelet or in pocket.

² You can download "Shine Jesus Shine" & "Dear Lady of Fatima" from youtube.com or ask from Burning Bush Stewards.

³ **HOW TO PRAY THE 3-in-1:** So that everyone learns to pray and lead, let each family member take turns leading every decade/mystery of the Holy Rosary, the same with the Divine Mercy Chaplet. After saying the name of the mystery (for example: The first Glorious mystery is the Resurrection), pause 3 to 5 seconds before saying "Our Father" so everyone can go with the mind and heart to the event of the mystery and continue contemplating it while praying the Hail Marys. It is recommended that the different leaders for the mysteries of the rosary always say the first part of the Our Father, Hail Mary and Glory Be. For example the leader says "Hail Mary, full of grace... womb Jesus" and the rest answer "Holy Mary, Mother of God...Amen". This way of praying makes it easier for people to learn how to pray the rosary and chaplet. Pray the TC JM not mechanically nor rushing, but to Jesus and Mama Mary, thinking and feeling what you are telling them.

⁴ **LOVE OFFERING** can be used to buy Cities of Mary bookset to do 33 days Preparation & Family Day of TC JM, equipment for Burning Bush, xerox/risograph of TC JM stampitas & 3-in-1 TC JM Novenas, transportation for family mission.

MENTAL PRAYER GUIDE

Readings for Mental Prayer reflection during TC JM Family Cenacle.
Use the Bible Passages and the Readings from the Cities of Mary alternately.

BIBLE PASSAGES

1. LOVE: Matthew 22:36-40
2. GOD'S PROVIDENCE: Matthew 6:26-34
3. FIDELITY IN MARRIAGE: Mark 10: 2-12
4. FAITH IN GOD: Matthew 7:7-12
5. SPIRITUAL CHILDHOOD: Matthew 18: 1-5
6. WEALTH IN HEAVEN: Luke 16: 19-31
7. TRUST IN GOD'S PLANS: Jeremiah 29: 11-14
8. INTERCESSION OF MAMA MARY: John 2:1-12
9. FAITH IN GOD: Mark 11:22-25
10. THE GREAT COMMISSION: Mark 16:14-18
11. THE FLOCK OF GOD: 1 Peter 5:1-7
12. THE GREAT COMMANDMENT: Deuteronomy 6:1-9

READINGS FROM THE CITIES OF MARY

1. pp. 81-82
2. pp. 88, 89 & 90
3. pp. 91, 92 & 93
4. pp. 94-95
5. pp. 10, 11 & 12
6. pp. 13, 14 & 15
7. pp. 22-23
8. pp. 26-27
9. pp. 31-35
10. pp. 36-39
11. pp. 47-48
12. pp. 49-51