

TC JM Family Cenacle Format

(Preferably done on Sundays, the Lord's Day, a day of worship and prayer.)

1. Song: **Shine Jesus Shine** (4 min)
2. **Total Consecration to Jesus thru Mary** by St. Louis Marie de Montfort (5 min)
3. **Sprinkling of holy water & holy salt** (5 minutes): Head of the family passes the bottle of holy water for each one to get and make the Sign of the Cross. The following 3 prayers* are prayed by everyone, but the father and mother pray it while going around the house to cleanse it – the father by sprinkling holy water and the mother by sprinkling holy salt. They both pray the same prayers while they are doing this and afterwards, join the rest to continue the prayers with them.
* Prayer to Take Authority & 1 Hail Mary. St. Michael the Archangel
4. **Divine Mercy Chaplet** (10 min): for souls in purgatory, lukewarm souls, hardened sinners
5. **Holy Rosary** with Litany (20 min): for Church & government leaders, NE Stewards families of NE Builders and those we are doing apostolate with, and NE activities
6. **Mental Prayer** (15 min): Use *New Testament* and *The Cities of Mary* alternately.

If doing the TC JM Family Cenacle for the first time, do not do Mental Prayer but instead learn about it. Someone reads the Attachment: Mental Prayer (Talking with God).

If not the first time, or if you don't have a copy of attachment on Mental Prayer, read it in next week's cenacle and now do Mental Prayer, using the ff prayers:

Prayer Before Mental Prayer: My Lord and my God, I firmly believe that You are here, that You see me, that You hear me. I adore You with profound reverence; I beg you pardon for my sins, and the grace to spend this time of prayer fruitfully. My Immaculate Mother, St. Joseph my father & lord, my guardian angel, intercede for me.

Prayer After Mental Prayer: I thank you My God for the good resolutions, affections and inspirations that You have communicated to me in this meditation. I beg Your help in performing them. My Immaculate Mother, St. Joseph my father and lord, my guardian angel, intercede for me.

Topics for Mental Prayer: Alternate weekly *The Cities of Mary* with *Holy Bible* passages from Gospels by Sts. Matthew, Mark, Luke and John. Start from beginning of *New Testament* and bookmark where you finish. Someone reads the chosen passage aloud, with **long pauses** between passages to allow persons to talk to God silently.

7. **Read & Share** (10-15 min. depending on no. of persons. 2 min. max./person)
Week 1,2,3: alternate "The Cities of Mary" and the Holy Bible (Gospel of coming Sunday) Use the WORD Method:
 - W - Word** (What is the verse or the word that strikes you in reading?)
 - O - Order** (What is this striking verse ordering you to do?)
 - R - Reason/s** (What could be the Lord's possible reason/s for giving that order?)
 - D - Direction** (What specific action or activity should you do to accomplish the



Lord's order?). **Decide on common direction for all for the week.**

Last Week of the Month : Sharing negatives & positives. Just 2-3 min. max/person.

- a) Negatives: weaknesses/failures since last meeting
- b) Positives: blessings ,answered prayers, victories over temptations & trials

8. The Business of Saving Souls: (10 min)

Each one takes turns to answer the two questions below and the family can agree on a common goal or plan for next week:

- a. What did you do this week to spread TC JM?
- b. What are you planning to do next week to spread TC JM?

9. New Earth Prayer for Families

O Blessed Trinity-Father, Son and Holy Spirit- thru Mama Mary, we offer You our joyful thanksgiving, our praise and adoration for Your gift of Love and Mercy so we may enjoy eternal life in the New Paradise, the merging of the New Heaven and the New Earth.

Dear Father, Creator of the Universe, through Your Son Jesus Christ, please protect our families from evil at all times and provide our needs especially during hard times. Keep my family united always even when trials come. Bless our families and give us the gifts of love, peace and joy so we may share these gifts with other families and in that way share You Jesus as our Love, Peace and Joy.

Immaculate Heart of Mary, Mother of Salvation and Mediatrix of All Grace and St. Joseph, please protect our land and keep our families strong, so that we can remain loyal to Your Son in times of persecution.

Grant us, O Lord, the gifts of humility, obedience, faith and confidence, so that we can be Your slaves of love to bring billions to your New Kingdom. Help us to be brave, fearless and strong warriors of the Lord in the face of adversity. Accept our daily work, prayers, sacrifices, sufferings and trials, as a gift to save souls. As we live Total Consecration to Jesus thru Mary, fill us with Your Holy Spirit and Your gifts so we can share and defend the Truths of Your Holy Word, Holy Doctrines, Holy Mass, and Holy Sacraments at all times and prepare souls for your Second Coming. Take all our families with You to the New Paradise so we may become part of Your family for eternity. Amen.

- L: St. JosephR: pray for us.
- L: St. Louis Marie de Montfort..... R: pray for us.
- L: St. Pope John Paul II R: pray for us.
- L: St. Therese of Lisieux..... R: obtain humility for us.
- L: Sts. Michael, Gabriel, Raphael & our guardian angels..... R:pray for us.

10. 1 Ending Song (2 min.): "Thank You Lord"* by Don Moen)/ Halleluiah to the Lamb/ Our Lady of Fatima or a song from official BB sample playlists.

